

# EASTBOURNE AIR SHOW 2026

## Departure Menu

### From the Grill

*Please choose 2 items from below*

Prime grilled Monterey Jack cheese burger in a brioche-style bun Allergens: m, g, s | Kcal: 643 | NGCI\*

Herby pork Lincolnshire sausage in a brioche roll Allergens: m, g, s, e, sy | Kcal: 547 | NGCI\*

Bang Bang crispy cauliflower, Khobez style flatbread Allergens: g | Kcal: 332 | NGCI\* | VG

Falafel and spinach burger in a brioche-style bun Allergens: g | Kcal: 402 | VG

### Sauce and Sides Station

Tomato ketchup, Barbeque sauce, mayonnaise, mustard, mint yoghurt, crispy onions, pickle spears, caramelised onion relish

*Please see signage for allergens and calorific information*

### Salad Bar

Homemade coleslaw Allergens: n/a | Kcal: 193/100g | NGCI | VG

New potato salad, citrus dressing Allergens: n/a | Kcal: 147/100g | NGCI | VG

House salad – mixed leaves, cucumber, cherry tomatoes, red onion Allergens: n/a | Kcal: 15/100g | NGCI | VG

Mediterranean vegetable farfalle pasta salad Allergens: g | Kcal: 30/100g | VG

### Afternoon Treat

Fresh British farm ice cream *Please ask your server for allergen and calorific information* | VG\* | NGCI\*

Or

Handmade caramel shortcake slice Allergens: m, sy | Kcal: 325 | NGCI | VG\*

*All our food is prepared in a kitchen where nuts, gluten and other allergens are present.*

*Our menu descriptions do not include all ingredients. If you have a food allergy, please let us know before ordering. To request a copy of our alternative dietary menu and inform us of any dietary requirements please email us at [events.eastbourne@trafalgar.global](mailto:events.eastbourne@trafalgar.global)*

(c) = Contains celery | (cr) = Contains crustacean | (e) = Contains egg | (m) = Contains milk | (mus) = Contains mustard | (f) = Contains fish | (g) = Contains gluten | (n) = Contains nuts | (s) = Contains sulphites | (sy) = Contains soy | (l) = Contains lupins | (mos) = Contains mollusc | (p) = Contains peanuts | (ses) = Contains sesame seed

VG = Vegan | V = Vegetarian | NGCI = Non Gluten Containing Ingredient Recipe | VG\* = Vegan alternative available | NGCI\* = Non Gluten Containing Ingredient Recipe alternative available